

Show and Share Care Plan

Aim: To develop the child's shared attention, communication, and social interaction skills using visually based and highly motivating activities

Targets:

1. For the child to share attention with an adult for 1 minute.
2. For parents / carers to follow the child's lead and copy their child's play.
3. For parents / carers to make daily opportunities for child led play and curiosity containers throughout their routine.



The attached handouts should be used to help your child meet these targets.

If you have any questions, please get in touch with us on:

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Creating Curiosity



This is about play,
exploring,

having fun and sharing an experience together.

Step 1: Get Ready

- Collect different types of containers that look interesting. Aim for about 10, and include a mix of sizes, shapes, and materials.
- Make sure the containers are easy for your child to open by themselves.
- Use containers that open in different ways, like zippers, lifting lids, or sliding tops.
- Fill each container with various items. Use plenty of the same kind of item but change up the colours, sizes, and shapes. E.g., a box of pom poms of different colours and sizes.
- Try not to mix too many different objects together in one box, as this can be confusing for your child.
- Keep the containers interesting! If your child seems bored, try something new to see what they might like better.

These containers are special and should only be used during fun, focused time with you and your child together.

Step 2: Pick a Calm Time for Your Child

- Turn off things that can be distracting, like the TV or radio.
- Choose a quiet room or cover up other toys with a blanket so that the curiosity bag is the most exciting thing in the room.

Step 3: Show the Container

- Use one container at a time.
- Make the introduction fun by:
 - Showing you're excited about the container (looking closely, making fun sounds, and having an interested face)
 - Peeking inside and building excitement with noises like “wow!”, “ooo”
 - Closing the container and offering it to your child.

Step 4: Play Along with Your Child

- Copy how your child is playing. If they arrange things, you do the same. If they crumple paper, you crumple paper too. As long as they are playing in a safe way, copy how they are playing.
- Use sounds and words to enhance the play, like saying “crrrunnch” when crumpling paper.

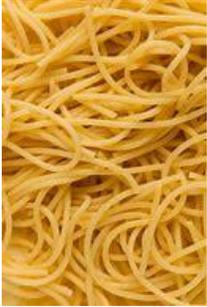
Step 5: Enjoy Playing Together

- Play alongside your child for up to 4 minutes. After that, clean up and save the container for next time.
- It's okay if your child didn't seem interested this time; think about what they might find fun and exciting next time and build this into your next container.

Ideas for containers

<p>Toothbrush case</p> 	<p>Jewellery bag</p> 	<p>Make up bag</p> 	<p>Pillow case</p> 
<p>Chocolate box</p> 	<p>Gift bag</p> 	<p>Hat</p> 	<p>Rucksack</p> 
<p>Cereal box covered in wrapping paper</p> 	<p>Gift boxes</p> 	<p>Pencil case</p> 	<p>Tupperware</p> 
<p>Plastic coffee cup</p> 	<p>Decorated pringles tubes</p> 	<p>Egg boxes</p> 	<p>Biscuit tins</p> 

Ideas for what to put in your container

<p>Sensory toys</p> 	<p>Pasta</p> 	<p>Ribbon</p> 	<p>Shredded paper</p> 
<p>Feathers</p> 	<p>Sensory tubes</p> 	<p>Pom poms</p> 	<p>Crumpled tin foil</p> 
<p>Colourful Rice</p> 	<p>Cooked pasta</p> 	<p>Playdough</p> 	<p>Chiffon Scarves</p> 
<p>Shakers</p> 	<p>Jelly</p> 	<p>Tinsel</p> 	<p>Sensory timers</p> 